

# Belly Dancing

Belly Dancing is an ancient art form practiced in the Middle East and around the Mediterranean Sea. **No dance experience necessary.** Come celebrate your femininity through dance expressing your emotions and joy of movement. *Held in Studio I. Program #3-4728-11*

Register  
Today

**Friday**

**September 10 – October 22**

**5:15 – 6:15 pm**

**\$20 members/\$40 non-members**

## Fitness After Hours

Once the club closes, you get to work-out! A one of a kind circuit class utilizing the machines, track, free weights and studio I. Optional yoga class to follow.

*Program #3-4725-11*

**Saturday  
September 25  
6:00 pm**

**\$5 members/  
\$20 non-members**

**space is limited**  
209ce 12 11wifedq